

EASTERN ACADEMY OF MMA PROUDLY PRESENTS

SEMINAR TIMES:

SATURDAY, JUNE 16, 2012

11:00 AM - 4:00 PM

SUNDAY JUNE 17, 2012

10:00 AM - 4:00 PM



COST: PRE-REGISTER by MAY 25th

1 DAY: \$150 / 2 DAYS: \$190

AFTER MAY 25TH

Space is limited! Please register by May 25th,

1 DAY: \$165 / 2 DAYS: \$220

FIRST COME, FIRST SERVE.

AT THE DOOR :

1 DAY: \$175 / 2 DAYS: \$250

RECOMMENDED EQUIPMENT: BAG GLOVES, MMA GLOVES, BOXING GLOVES, SHIN GUARDS, GROIN PROTECTOR, MOUTH PIECE, SUITABLE WORKOUT CLOTHES

TO REGISTER BY PHONE CALL (757) 486-5200

OR SEND CERTIFIED CHECK OR MONEY ORDER PAYABLE TO EASTERN ACADEMY OF MMA

Location: EASTERN ACADEMY OF MMA– 39000 BONNEY RD.

SUITE 213 VIRGINIA, VA 23452

For the past 35 years Sensei Erik Paulson has been training and studying many styles of martial arts. He holds black belt in Taekwondo, Judo, Brazilian Jiu Jitsu, and he is a full instructor in Jun Fan Jeet Kune Do, Filipino Kali, Escrima and is ranked level 3 in the Majapayat Martial Arts, Erik was a professional fighter for 10 years in Japan and he is the only American to become two times World Champion in the sport and fighting style of Shooto. He currently runs the CSW Training Center in Fullerton, CA. where he trains MMA fighters such as Josh Barnett, Renato Sobral, Cub Swanson, Ben Jones, Ginelle Marquez and many more past and present UFC fighters such as Brock Lesnar, Sean Sherk and on.....